

CONNECTICUT KENPO KARATE SCHOOL

ADULT BROWN TO RED

Red Tip #1 Instructor Approval Signature & Date _____

Kata

- Book Set

Arnis

- 12 Basic Disarms
- Espada Y Daga (Flow Drill)
- Empty Hand One Two Drill

Creed

- The C.K.K.S. Student Creed 1-5

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Red Tip #2 Instructor Approval Signature & Date _____

Self-Defense Techniques

- | | |
|---|--|
| <input type="checkbox"/> Praying Mantis | <input type="checkbox"/> Double Lance |
| <input type="checkbox"/> Drums Of Manchu | <input type="checkbox"/> Turning The Key |
| <input type="checkbox"/> Sewing The Seeds | <input type="checkbox"/> Eagle's Talon |
| <input type="checkbox"/> Hands Of Jade "A.B." | <input type="checkbox"/> The Rake |
| <input type="checkbox"/> Winding Limb "A." | <input type="checkbox"/> Falling Hammers |
| <input type="checkbox"/> Winding Limb "B." | <input type="checkbox"/> Brushing Wind |
| <input type="checkbox"/> Lever Of Ming | <input type="checkbox"/> Returning Fist |
| <input type="checkbox"/> Slapping Silk "A.B." | <input type="checkbox"/> Dance Of The Dragon |
| <input type="checkbox"/> The Lion | <input type="checkbox"/> Sweeping Wings |
| <input type="checkbox"/> Bending The Staff | <input type="checkbox"/> The Lotus |

Katas

- () Dancing Cat 1
- () Start Developing Original Black Belt Kata (Minimum Of 25 Elements)

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Black Tip: Instructor Approval Signature & Date _____

Demonstrate all the above information and lower belt information with proficiency and prepared to demonstrate left side. You will also be expected to assist in teaching classes at this belt rank.

Student's Name _____ **Date Started Level**

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