

CONNECTICUT KENPO KARATE SCHOOL

ADULT RED TO RED/BLACK

Red Tip #1 Instructor Approval Signature & Date _____

Kata

- Rushing Fist Part I

Modern Arnis

- 6 Count Drill
- Obstruction Removal Drill (Empty Hand And Stick)

Creed

- The C.K.K.S. Student Creed 1-5

Red Tip #2 Instructor Approval Signature & Date _____

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Self-Defense Techniques

- | | |
|--|--|
| <input type="checkbox"/> Striking Fang | <input type="checkbox"/> Shaolin Warrior |
| <input type="checkbox"/> Slicing Dragon | <input type="checkbox"/> Covering The Flame |
| <input type="checkbox"/> Crossing The Sun "A.B.C." | <input type="checkbox"/> Crossing The Mountain |
| <input type="checkbox"/> Wing Break | <input type="checkbox"/> Knee Sweep |
| <input type="checkbox"/> Snapping Twig | <input type="checkbox"/> Rocker |
| <input type="checkbox"/> Prayer Of Death | <input type="checkbox"/> Chinese Junk "A.B." |
| <input type="checkbox"/> Attacking The Wall | <input type="checkbox"/> Eagle's Pin |
| <input type="checkbox"/> Blocking The Sun | <input type="checkbox"/> Parting The Waves |
| <input type="checkbox"/> Prance Of The Tiger | <input type="checkbox"/> Dance Of Death |
| <input type="checkbox"/> Legions Of Ming | |

Katas

- Dancing Cat II
- Continue Development Of Original Black Belt Kata (Minimum Of 25 Elements)

Black Tip: Instructor Approval Signature & Date _____

Demonstrate all the above information and lower belt information with proficiency and prepared to demonstrate left side. You will also be expected to assist in teaching classes at this belt rank.

Student's Name _____ Date Started Level