

Student Creeds

- 1.) “I intend to develop myself in a positive manner and to avoid anything that would reduce my mental growth or my physical health”
- 2.) “I intend to develop self-discipline in order to bring out the best in myself and others.”
- 3.) “I intend to use what I learn in class constructively and defensively, to help myself and my fellow man and never to be abusive or offensive.”
- 4.) *“I intend use common sense before self-defense.”*
- 5.) *“We are a Black Belt School. We are on a quest to be our best!”*