

# CONNECTICUT KENPO KARATE SCHOOL

## JUNIOR RED TO RED/BLACK

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**Red Tip #1** Instructor Approval Signature & Date

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### Kata

Rushing Fist Part I

### Creed

The C.K.K.S. Student Creed 1-5

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**Red Tip #2** Instructor Approval Signature & Date

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### Self-Defense Techniques

Striking Fang

Slicing Dragon

Crossing The Sun "A.B.C."

Wing Break

Snapping Twig

Prayer Of Death

Attacking The Wall

Blocking The Sun

Prance Of The Tiger

Legions Of Ming

### Katas

Dancing Cat II

Continue Development Of Original Black Belt Kata (Minimum Of 25 Elements)

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**Black Tip:** Instructor Approval Signature & Date

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Demonstrate all the above information and lower belt information with proficiency and prepared to demonstrate left side. You will also be expected to assist in teaching classes at this belt rank.

Student's Name \_\_\_\_\_ Date Started Level \_\_\_\_\_